



SEPTEMBER 2017: Pre-K 3 - Grade 8 Express Hot Lunch Menu

CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day 4	5	6	First Day of Classes 7	8
Fish & Cheese Sandwich Served with Lettuce, Tomato & New York Onion Parmigiana Roasted Cauliflower	Turkey Burger Burgers served with Lettuce, Tomato & New York Onion Sweet Potato Waffle Fries	Bite Size Beef Tacos Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce Baked! Tostitos® Scoops® Sofrito Seasoned Pinto Beans	Popcorn Chicken Dipping Sauce Cup Mac-N-Cheese French Fries New York Cookie Treat Fresh New York Apples	Pizza Bagel Garlic Knot Green Garden Salad
11	12	13	New York Thursday 14	15
Chicken Parmigiana on a New York Bun Frito-Lay® SunChips® Roasted Zucchini	100% Beef Hamburger & Cheeseburger Sliders Burgers served with Lettuce Tomato & New York Onion Orange Glazed Carrots	"Super Chef" Shepard's Pie A Delicious Blend of Mashed Potatoes, Turkey, & Cheese, Warm Dinner Roll Broccoli Trees	Jamaican Beef Patty New York Cookie Treat French Fries New York Apple Slices	Pizza Bagel Garlic Knot Chick Pea Salad
18	19	20	Rosh Hashanah 21	Rosh Hashanah 22
Popcorn Chicken Dipping Sauce Cup Garlic Toast Sweet Potato Wedge Fries	100% Beef Bacon Cheddar Cheeseburger Burgers served with Lettuce Tomato & New York Onion Chick Pea Salad	Crispy Chicken Sandwich Served with Lettuce Tomato & New York Onion Rold Gold® Heartzels Home Fries	Steamed Chicken Dumplings with Asian Dipping Sauce Egg Roll with Duck Sauce New York Cookie Treat Fresh New York Apples	Pizza Bagel Garlic Knot Kid Friendly Kale Salad
25	26	27	New York Thursday 28	29
Popcorn Chicken Dipping Sauce Cup Warm Dinner Roll Parmigiana Roasted Cauliflower	Turkey Burger Burgers served with Lettuce, Tomato & New York Onion Sweet Potato Waffle Fries	Bite Size Beef Tacos Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce Baked! Tostitos® Scoops® Sofrito Seasoned Pinto Beans	Fish & Cheese Sandwich Served with Lettuce, Tomato & New York Onion French Fries Fresh New York Apples	Pizza Bagel Garlic Knot Green Garden Salad
			 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

<p>Entree Alternatives</p> <ul style="list-style-type: none"> • PB&J Sandwich • Cheese Sandwich • Plain Turkey Sandwich • Hummus Grab & Go 	<p>Milk</p> <p>1% Low-fat Fat Free Fat Free Chocolate</p> <p>Dipping Sauce Cups</p> <p>BBQ, Ranch, Honey Mustard, Hot Sauce Ketchup, Mayonnaise</p>	<p>OFFERED DAILY</p> <p>Seasonal Fresh Fruit</p> <p>Apples, Oranges, Bananas, Pears</p> <p><small>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</small></p>	<p>Dressings</p> <p>Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette</p>	<p>Pizza and Pasta Flavor Station</p> <p>Granulated Garlic Red Pepper Flakes Parmesan Cheese</p> <p>Pre-K 3 - Grade Express Hot Lunch Menu</p>
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